

RESOURCES FOR WORKING WITH EATING DISORDERS

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Local Organization!!

LEDA—Louisville Eating Disorder Alliance

<https://www.facebook.com/search/top/?q=leda%20louisville%20eating%20%20disorder%20alliance>

Books

Brave Girl Eating: A Family Struggle with Anorexia by Harriet Brown

Thin by Grace Bowman

Websites

National Eating Disorder Association

<http://www.nationaleatingdisorders.org>

Binge Eating Disorder

<http://www.bingeeatingdisorder.com>

National Association of Anorexia and Associated Disorders

<http://www.anad.org>

Mirror/Mirror Eating Disorders

<http://www.mirror-mirror.org>

Eating Disorders Coalition

<http://www.eatingdisorderscoalition.org/>

The International Association for Eating Disorders Professionals

<http://www.iaedp.com/>

Anxiety British Columbia

<http://www.anxietybc.com>

YOUTUBE LINKS

Eating Disorders and Art Therapy

<https://youtu.be/DZ2f92hK0eA>

Eating Disorder Meal Support

<https://youtu.be/pPSLdUUITWE>

Eating Disorders from the Inside Out TedTalk

<https://youtu.be/UEysOExcwrE>

Eating Disorders and the Effects of Starvation

<https://youtu.be/0VfkFzjECAM>

Body Image Ted Talk by Jean Kilbourne

<https://youtu.be/Uy8yLaoWybk>